

Emergency Medical Form

KEEP IN VEHICLE DO NOT GIVE BACK.

MUST REMAIN IN VEHICLE DURING YOUR STAY ON TWIN MOUNTAIN OFF ROAD ADVENTURE, PROPERTY.
(One form required for each occupant of every vehicle.)

Full Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Birth Date _____

Physician _____ Phone _____

Emergency Contact _____ Phone _____

Address _____

City _____ State _____ Zip _____

Please check all that apply:

- heart trouble
- high blood pressure
- low blood pressure
- anemia
- hypoglycemic
- emphysema
- kidney or liver disorder
- diabetes
- hepatitis
- smoker
- contact lenses
- pacemaker
- other (please be specific) _____

Allergies:

- penicillin
- sulfa
- bee stings
- other (please be specific) _____

List any medication(s) you are currently taking _____

List any other emergency instructions _____

Rules

1. Have Fun.
2. There is **ZERO tolerance** for driving when impaired by drugs or alcohol. Anyone found operating under the influence will be stopped.
3. If you are seen with illegal drugs you will be required to **leave** immediately. **NO refund, NO exceptions.**
4. **Wear your seatbelts.**
5. 5 mph max speed in all areas. Doing doughnuts in our fields is a bad idea.
6. Stay on the trails (if you see an area you think would make a fun trail ask the owner before you drive it).
7. **DO NOT drive through any creek at ANY time.**
8. Close all gates or leave them as you found them.
9. We are not responsible for your children or pets. Parents of children under 16 will be required to sign a waiver for them.
10. *We request that ALL occupants complete one of our Emergency Info forms and keep it in your glove box during your time at the park. We hope this will be a complete waste of time, energy and paper, but if the worst happens this will allow EMS to treat you faster.*

Areas of Risk

1. **YOU!**
2. **Other participants**
3. The Owner
4. Fire. Be very careful and observant. **If you start one you better be able to put it out!**
5. Weather extremes, high winds, powerful rain storms, lightning, deep snow, fog and/or low cloud.
6. Elevation 2000ft. Bring sunscreen.
7. Wild animals (both predators and prey) and insects (ticks!) are everywhere. Check yourself frequently. Secure all food stuffs.
8. Deep gullies
9. Steep to vertical rock walls with loose rocks
10. Off camber trails with dangerous drops
11. Moving vehicles
12. Steep descents, steep ascents
13. Dead or fallen trees and hanging tree limbs
14. Loose and falling rocks
15. Deep ditches and ruts
16. Deep mud
17. Steep tracks with loose rocks
18. Loose or stray farm or domesticated animals. **DO NOT** approach. Cows cost a lot of money!!
19. Rusty and sharp metal or old barbed wire fencing
20. Other man made items placed by previous owners that are unknown to current owner
21. Winch cables under tension
22. Low flying military and civilian aircraft